



2D1N – Students Group Package

Day one

Visiting SK. St. Philip School – St. Philip School, Padawan (SK St. Philip Padawan) was started by a missionary named Bishop Peter Canon Howe in 1955. In those days, the school was completely administered by the mission which was the Diocese of Kuching. The medium of instruction used in school was English. The school was then moved from its original place (The Parish Center) to where it is now in 1970's. This was due to security reasons because between 1963 and 1970, the armed forces camped where the former school was. Later, the school administration was taken by the government and became a mission added school until today. *(Community works can be arranged)

Arrive at Annah Rais Longhouse & Guided Longhouse Tour – Upon arrival, you will be greeted by the homestay operator, local guides and longhouse people in the longhouse. After registration, our guide will bring you for a longhouse tour. During the tour, you will meet the village folks, visit the head house, mini museum and show house. Learn about our lifestyles, heritages and cultures as your guide will tell you a lot of stories about Annah Rais Longhouse. Take this chance to shoot pictures with villagers and get near to them.

Check-in to your guestroom – You will be divided into the families in the longhouse. The facilities in any longhouse rooms are just basic with a toilet, bathroom, fan and television, comfortable mattress, pillow and mosquito netting.

Lunch Time - You will be served with our local foods. All our foods are organic; our vegetables are collected from our own farm & without pesticide applied. You will also get to try our world famous fern (“Paku” & “Midin”) collected from the jungle, which will be stir-fry the local way with our own home-made source. After that, try our local herbal tea (or coffee) accompany with some local snack. Traditional bamboo chicken and rice also served. Change to your light clothing after lunch & get ready for the jungle activities. Please be prepared to get wet in the jungle, as you will be passing through some clear & cool water streams.

Short Jungle Walk – Short jungle walk in the tropical rainforest will take approximately 30minutes. During the walk, you will walk through the bamboo bridge, pepper gardens, farms and etc with local English speaking guide. Ask anything you see along the way from your local English speaking guide.

(As if you are in a big group (more than 20pax), we will divide you into 2 groups where one group will go to the waterfall and the other group to the hot spring at the end of the walk with 3 Local guides for every group)

Group No. 1 (Jungle Trekking to Stunning Waterfall) - Set off for the jungle trekking, you will be amazed with the wonder of nature in the tropical rainforest which will take approximately 15minutes from end of the short jungle walk. You get to see the various floras & faunas. Our experience local guide will also show you the various plants that we use to compliment our daily needs. Learn from the guide about the basic survival skill in the tropical rainforest too. The fun & adventurous trek in the jungle will finally bring you to the stunning Waterfall. You will be swimming & soaking yourself in the crystal clear cold water. You can even try natural waterfall massage.

Group No. 2 (Visiting & Soaking in the Hot Spring) – We are really lucky to have a hot spring nearby to our longhouse. You will walk to the hot spring from end of the short jungle walk which will take approximately 15minutes. Get yourself prepared with swim

suits as you will be amazed with cold crystal clear running water and you will feel like you to swim in it. Right beside the cold river water, you will find the natural hot spring with bubbles up coming from the floor. The temperature is just nice for you to soak yourself in it. Feel the calm of the jungle while soaking in the hot spring, you will soon find out how wonderful it is for such a natural "Jungle Spa".

Back to the Longhouse - As soon as you got back to the longhouse, quickly clean up yourself & take a bath to refresh yourself after the long day trip in the tropical rainforest. Take some local snacks and local tea so as not to feel hungry. While waiting for dinner, you may walk around the longhouse to see what you've missed during the guided longhouse tour.

Dinner Time - You will get the chance to try our different food this time: bamboo fish. All our foods are organic; our vegetables are collected from our own farm & without pesticide applied. You will also get to try our world famous "Paku" & "Midin" fern collected from the jungle, which will be stir-fry the local way with our own home-made sources. After that, try our local tea.

Traditional Musical Instruments Jamming Session & Cultural Dance - Soon after dinner, the local musician will start showing you with all their traditional musical instruments & teaching you the basic technique of playing them. This is the very practical session, whereby you will involve in making a traditional music while others are dancing. You will also be thought on performing the traditional cultural dance with the full traditional costume on if you wish. Some of the villagers, especially the kids here will sometimes come & join in for the fun. Some games will be arranged after the show and winners will get prizes from the longhouse people.

Bedtime - Before going to bed we will prepare some snacks with warm drinks for your supper as you may get hungry after playing and having fun. Take as much as you wish as there is no other place for you to find our local snacks. After supper, get some rest so that you will be ready for your next day activities.

Transfer back to Kuching. (On the last day of your stay)

Morning swim - Wake up at 6.30 and get your teeth brush. Then gather outside the longhouse verandah before moving to a pool at the upper stream of the river. Soak yourself in the river and experience the cold and crystal clear river water flowing from the mountain in the early morning.

Breakfast- Breakfast to be served from 8.30am the morning. We will prepare our local breakfast to go with our local style coffee or tea. Taste some local fruits with your breakfast! We will prepare the local breakfast more than you can take it, so eat as much as possible before you get to say "Good Bye" to all of us here in the longhouse!

Transfer Back to Kuching - Get all your stuffs packed & you will be transferred back to Kuching and we hope to see you again soon!

Packages include:

Entrance fees, accommodation, meals (B/L/D/S), guided activities & tours, traditional show, loan of traditional costumes and jungle tools and wine tasting.

Pricing

Teachers = Rm205/pax (Minimum 5 pax)

Students = Rm120/pax (Minimum 20 pax)

Packages exclude:

Items not mentioned above.

Notes:

Advisable 1 teacher for every 5 students

Students are accepted as for below:

Malaysian Students consider as - 10 to 19 years of age.

Non-Malaysian Students consider as - 10 to 16 years of age.